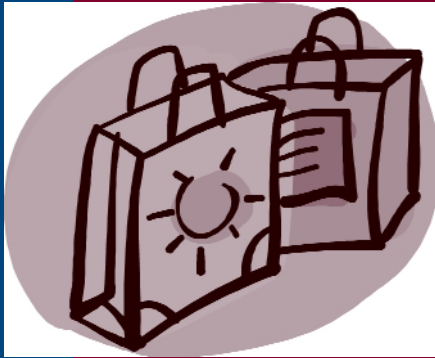




Canadian Hospice Palliative Care Association

Association canadienne de soins palliatifs



# The CHPCA Marketplace *Catalogue*

**2009**



**Canadian Hospice Palliative Care Association**  
**Association canadienne de soins palliatifs**



**CHPCA** is pleased to announce that on-line shopping is now available through our website!

*The Marketplace has been updated with new categories and new items that will be of interest to health care providers, administrators, researchers, volunteers and family and informal caregivers.*

*To place an order for any item you see in this catalogue, please visit [www.chpca.net](http://www.chpca.net) today and click on the Marketplace link. Orders can be paid for by Visa™, MasterCard™ or cheque.*

***Please Note:***

*Shipping and handling charges apply to all Marketplace orders and are calculated at the time the order is placed.*

*Shipping rates to rural and remote locations in Canada not served by ground delivery are assessed on an individual basis. Please contact CHPCA for an individual quote.*

*For international orders, please contact CHPCA regarding international shipping and handling fees.*

*All Marketplace orders are mailed using ground service unless otherwise indicated. Please allow 4 weeks for delivery of your order. Please note that CHPCA cannot ship to a P.O. Box address.*

*All prices are quoted in Canadian dollars.*

**Canadian Hospice Palliative Care Association**

Annex B, Saint-Vincent Hospital  
60 Cambridge Street North  
Ottawa, ON K1R 7A5

Tel: 613-241-3663 or 1-800-668-2785 • Fax: 613-241-3986 • Email: [info@chpca.net](mailto:info@chpca.net)

Version 6



# RESOURCES

## **Living Lessons®: Resources for Patients and Caregivers**

(\*\*\*Please call 1-800-668-2785 ext. 221 for your complimentary copy\*\*\*)

CD Format



In 1998, the Living Lessons® program was launched as a joint awareness and public education initiative by what is now The GlaxoSmithKline Foundation and the Canadian Hospice Palliative Care Association. Since then, the program has created numerous resources. This bilingual CD-ROM contains a compilation of many of those print resources.

**1 CD**

**Item #: 0902EFCD**

**Price: Call for complimentary copy**

**10 CDs**

**Item #: 0903EFCD**

**Price: Shipping/Handling Only**

## **Patient Information Pamphlet – Is your prescription pain medicine making you constipated?**

pamphlet (11 pages)



This pamphlet discusses one of the potential negative side-effects of prescription pain medications: constipation. The pamphlet outlines what patients and their healthcare providers can do to help. It covers symptoms and treatments of constipation, how to talk about and track symptoms and what to expect when talking with healthcare providers. It also outlines how prescription pain medications work, and includes one woman's story as an example.

One package (25/pkg) per order.

(Available in English or French)

**Item #: 0715E**

**Member Price: Shipping/Handling Only**

**Non-Member Price: Shipping/Handling Only**

## **Dealing with Dementia I**

On-line Learning (60 minute on-line learning course)

Are you responsible for providing care to persons with dementia? Have you ever had to deal with difficult behaviours and situations when caregiving? Understanding and identifying the symptoms of dementia and developing a specific behavioural management model are essential to the improvement of quality of care in caregiving.



Honed to health professionals

Practical and down-to-earth

(English version only.)

**Item #: 0900E**

**Price: \$12.00 (US funds) per learner per course, or less**

## **Dealing with Dementia II**

On-line Learning (60 minute on-line learning course)

Are you responsible for providing care to persons with dementia? Have you ever wanted to prevent defensive and catastrophic reactions before they occur? Developing proactive strategies for minimizing outbursts is essential to the improvement of quality of care in caregiving. The tips and hints on effective communication and prevention strategies provided here can help you to do so.



Honed to health professionals

Practical and down-to-earth

(English version only.)

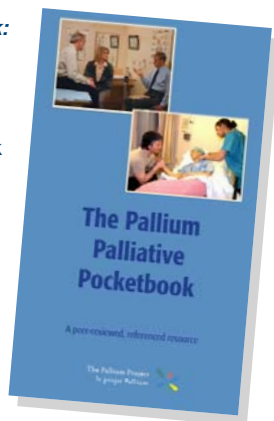
**Item #: 0901E**

**Price: \$12.00 (US funds) per learner per course, or less**

## **The Pallium palliative pocketbook: A peer-reviewed, referenced resource (1<sup>st</sup> Canadian Edition)**

Book (512 pages)

Practical, peer-reviewed pocketbook which is fully-referenced; intended to support safe, ethical, effective and accountable palliative clinical service interventions in various community-based settings of care (e.g., home, hospice, community hospital, long term/continuing care, community cancer care, etc.)



**Item #: 0711E**

**Price: \$19.95ea**

## **Quebec Standards Of Practice For Pediatric Palliative Care (English Translation)**

(87 pages)

This document is intended for healthcare teams working with children and their families. It constitutes a point of reference that can be used to establish standards of practice so that children, adolescents and their families receive the special attention they require.



(English Version only - Available for distribution in Canada, excluding residents of Quebec.)

**Paper Copy**

**Item #: 0800E**

**Price: Shipping/Handling Only**

**CD Copy**

**Item #: 0801ECD**

**Price: Shipping/Handling Only**



# Norms & Standards of Practice

## ***A Model to Guide Hospice Palliative Care: Based on National Principles and Norms of Practice (2002)***

(103 pages)

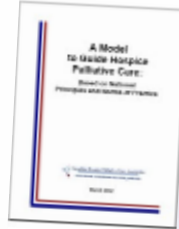
A comprehensive guide for the development of new and existing hospice palliative care programs and services in Canada based on nationally accepted principles and norms of practice.

This item can also be downloaded for free from the Marketplace.

(Available in English or French)

<b>Paper Copy (2002)</b>	<b>CD-ROM - Updated Links/References (2005)</b>
<b>Item #: 0605E</b>	<b>Item #: 0605ECD</b>
<b>Member Price: \$15.50</b>	<b>Member Price: \$5.50</b>
<b>Non-Member Price: \$21.00</b>	<b>Non-Member Price: \$10.50</b>

**Package - Paper Copy (2002) + CD-ROM (2005)**  
**Item #: 0605EPCD**  
**Member Price: \$18.00**  
**Non-Member Price: \$26.00**



## ***Applying a Model to Guide Hospice Palliative Care (2005)***

Paper Copy (36 pages) or  
 PDF format (36 pages)

An essential companion toolkit for planners, policy makers, caregivers, educators, managers, administrators and researchers. To be used in conjunction with: *A Model to Guide Hospice Palliative Care: Based on the National Principles and Norms of Practice.*

This item can also be downloaded for free from the Marketplace.

(Available in English or French)

**Item #: 0606E**  
**Member Price: Shipping/Handling Only**  
**Non-Member Price: Shipping/Handling Only**



## ***Pediatric Hospice Palliative Care Guiding Principles and Norms of Practice (2006)***

(66 pages)

This document is designed to guide health care professionals in establishing standards of practice, service delivery, program and policies for pediatric hospice palliative care, regardless of whether that care is delivered at home, in a hospital, in a long term care facility, or in a hospice.

This item can also be downloaded for free from the Marketplace.

(Available in English or French)

**Paper Copy (2006)**  
**Item #: 0637E**  
**Member Price: \$15.50**  
**Non-Member Price: \$21.00**

**CD-ROM (2006)**  
**Item #: 0637ECD**  
**Member Price: \$5.50**  
**Non-Member Price: \$10.50**

**Package - Paper Copy (2006) + CD-ROM (2006)**  
**Item #: 0637EPCD**  
**Member Price: \$18.00**  
**Non-Member Price: \$26.00**



## ***Hospice Palliative Care Nursing Standards of Practice (2002)***

PDF format (33 pages)

These nursing standards are reflective of the *A Model to Guide Hospice Palliative Care: Based on National Principles and Norms of Practice*, but are a specific guide for nursing practice which clearly identifies the role of the hospice palliative care nurse as a member of the interdisciplinary team.

This item can also be downloaded for free from the Marketplace.

(Available in English or French)

**Item #: 0635E**  
**Member Price: Shipping/Handling Only**  
**Non-Member Price: Shipping/Handling Only**



## ***The Pan-Canadian Gold Standard for Palliative Home Care: Towards Equitable Access to High Quality Hospice Palliative and End-of-Life Care at Home (2006)***

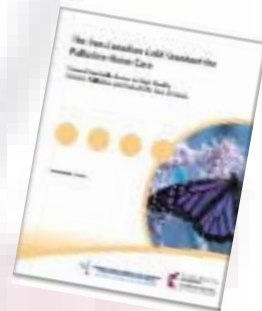
Bilingual Booklet (22 pages) or PDF format  
 (22 pages)

The gold standards provide the benchmarks for high quality hospice palliative care at home. They establish the ideal level of care and support that all jurisdictions should strive to provide for people receiving hospice palliative care at home. They are designed to encourage and support a consistent approach across the country to hospice palliative care services at home.

This item can also be downloaded for free from the Marketplace.

(Available in English or French)

**Item #: 0701EF**  
**Member Price: Shipping/Handling Only**  
**Non-Member Price: Shipping/Handling Only**



## ***Quebec Standards Of Practice For Pediatric Palliative Care (English Translation)***

(87 pages)

This document is intended for healthcare teams working with children and their families. It constitutes a point of reference that can be used to establish standards of practice so that children, adolescents and their families receive the special attention they require.

(English Version only - Available for distribution in Canada, excluding residents of Quebec.)

<b>Paper Copy</b>	<b>CD Copy</b>
<b>Item #: 0800E</b>	<b>Item #: 0801ECD</b>
<b>Price: Shipping/Handling Only</b>	<b>Price: Shipping/Handling Only</b>



# Books & Manuals

## 99 Common Questions (and more) about Hospice Palliative Care: A nurses handbook (3<sup>rd</sup> Edition)

Booklet

This lab-coat style pocketbook supports the general practice RN in bed-side decision making for case management and care coordination of patients and families experiencing advanced illness. It contains 104 common questions the general duty RN will encounter in home, hospice, hospital and long-term/continuing care settings and contains the Edmonton Symptom Assessment System (ESAS), the Faces Pain Scale, the CAGE Questionnaire, a table of equianalgesic doses of opioids and suggested strategies for energy conservation during advanced illness.<sup>1,2</sup>

Published by Capital Health's, Regional Palliative Care Program, the 3rd edition reflects the finished work of a one-year, blind peer review and pan-Canada dialogue among many of Canada's most experienced HPC practitioners.

Item #: 0629E  
Licence Price: \$14.95



## Developing Spiritual Care Capacity for Hospice Palliative Care: A Canadian Curricular Resource (Version 1.0) (July 2006)

(Print-based Kit)

Canada's first pan-Canadian integration of curricular resources, this curricular resource guide has been developed by the team offering Canada's first Canadian Association in Pastoral Practice and Education (CAPPE) accredited Clinical Pastoral Education (CPE) unit in Hospice Palliative Care and Oncology.

It has been blind peer-reviewed by a team of HPC Spiritual Care practitioners and content tested in two 12 week CPE "learning laboratories." \*\*

Item #: 0622E  
Licence Price: \$149.95



## Learning Essential Approaches to Palliative & End-of-Life Care (LEAP) – Version 1.1 (May 2006)

Print-based Facilitator Kit with CD-Rom and Clinical Communication in Hospice Palliative Care courseware edition DVD or 2 Disc - Full Kit on CD-Rom and courseware edition DVD

Designed specifically for Family Physicians, Registered Nurses/LPNs and Pharmacists, the 11 module Facilitator Kit, LEAP focuses on improved management of advanced, end-stage illness in the community by interprofessional teams. Included are black-line masters of a companion Participant Workbook, 10 ready-to-use companion PowerPoint slideshows, pre- and post-knowledge test/answer key and a courseware version of *Clinical Communication in Hospice Palliative Care* discussion-based instructional video DVD. LEAP is packaged with supplemental information to support local CFPC Mainpro-C applications.\*\*

Print-based Facilitator Kit with CD-Rom and Clinical Communication in Hospice Palliative Care courseware edition DVD

Item #: 0618E  
Licence Price: \$250.00

2 Disc - Full Kit on CD-Rom and courseware edition DVD

Item #: 0619E  
Licence Price: \$49.95



## A Caregiver's Guide: A Handbook About End-of-life Care

Softcover Book (174 pages)

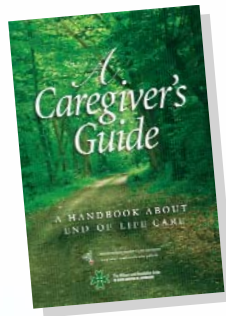
A Caregiver's Guide presents family and informal caregivers the medical and nursing information they will need in clear, easily understood language.

This national guide was made possible with the financial support of The Military and Hospitaller Order of Saint Lazarus of Jerusalem.

(Available in English or French)

**1 Book**  
Item #: 0632E  
Price: *Shipping/Handling Only*

**10 Books**  
Item #: 0634E  
Price: *Shipping/Handling Only*



**1 Box (50 Books)**  
Item #: 0633EB  
Price: *Shipping/Handling Only*

## Living Lessons® - A Guide for Caregivers

Book (62 pages)

The popular A Guide for Caregivers is one of the excellent resources available through the Living Lessons® Campaign, sponsored by The GlaxoSmithKline Foundation in partnership with the CHPCA.

Maximum 1 box per order. (Available in English or French)

**1 Book**  
Item #: 0603(1)E  
Price: *Shipping/Handling Only*

**10 Books**  
Item #: 0603E  
Price: *Shipping/Handling Only*



**1 Box (50 Books)**  
Item #: 0603EB  
Price: \$103.00

## Training Manual for Home Support Workers (2006)

Binder (566 pages)

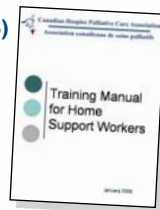
A comprehensive Trainer's Manual, updated in 2006, with revised modules, lesson plans and resource reading lists.

This Training Manual includes:

- ♦ A copy of the DVD: "Facing the Fears: Making the Journey"
- ♦ An electronic copy of: "Palliative Care: A Fact Sheet for Seniors"
- ♦ A CD-Rom version of the Manual, including PDF files of the manual as well as PowerPoint slides of the teaching modules.

(Available in English or French)

Item #: 0601E  
Member Price: \$185.00  
Non-Member Price: \$232.00



## Living Lessons® - Influencing Change: A Patient and Caregiver Advocacy Guide

This guide is aimed at Canadians dealing with end-of-life health care issues. It explains clearly how the health care system works, and offers advice on what kinds of questions to ask.

(Available in English or French)

**1 Book**  
Item #: 0712(1)E  
Price: *Shipping/Handling Only*

**10 Books**  
Item #: 0713(10)E  
Price: *Shipping/Handling Only*



**10+ Books**  
Item #: 0714E  
Price: \$2.60 ea

# CDs and DVDs

## **Living Lessons®: Resources for Patients and Caregivers**

(\*\*\*Please call 1-800-668-2785 ext. 221 for your complimentary copy\*\*\*)

CD Format

In 1998, the Living Lessons® program was launched as a joint awareness and public education initiative by what is now The GlaxoSmithKline Foundation and the Canadian Hospice Palliative Care Association. Since then, the program has created numerous resources. This bilingual CD-ROM contains a compilation of many of those print resources.

### **1 CD**

Item #: 0902EFCD

Price: Call for complimentary copy

### **10 CDs**

Item #: 0903EFCD

Price: Shipping/Handling Only

### **Classic Comfort**

CD (Playing time: 61 min)

The piano selections of *Classic Comfort* are played by pianist Bev Foster and have been created with the rich colors of her Yamaha C6 Grand Piano. The intimate voicings, palette of color and timeless melodies will reach into the deeper places of your being and bathe you with refreshment.

Item #: 0710E

Member Price: \$18.99

Non-Member Price: \$18.99



## **A Guide to End-of-Life Care for Seniors** CD-ROM

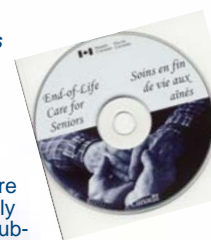
Contains three publications that explore medical, cultural, spiritual and ethical issues in end of life care.

The intended audience includes health-care and social-service providers, seniors, family and informal caregivers and the general public.

(Available in English or French)

Item #: 0617EF

Price: Shipping/Handling Only



## **Celtic Whisperings**

CD (Playing time: 55 min)

This CD is filled with traditional Celtic favorites and provides comfort and companionship in life's transitions.

Item #: 0704E

Member Price: \$18.99

Non-Member Price: \$18.99



## **Conversations on Caring – Volume 1**

(Mentor/Preceptor/Learning Circle Leader's Kit)

12 audio CDs and written transcript or CD-Rom – MP3s & Transcript PDFs

Year one (2005/2006) of the Pallium Project's popular monthly professional development audio-conference program, the Conversations on Caring kit contains 12 audio CDs of the sessions and suggested guiding questions/learning objectives and a written transcript of the session. The CD-Rom version is the same on one CD-Rom with MP3s and PDFs of session transcripts for use on MP3 players/personal computers with special web-mounting rights for use in online education.

Volume 1 includes: Family caregiver: How to provide support; Emerging trends in spiritual and religious care of the Hospice Palliative Care client; Using a Caregiver's Guide: A handbook about end-of-life care; Magnifying hope - shrinking hopelessness; Team building: Working effectively with local physicians; Hydration in Hospice Palliative Care; End-of-life Care for Children; Initiating a Dialogue with Family; Building Cultural Competence: Aboriginal and Multicultural Perspectives; Avoiding Burnout and Compassion Fatigue; Supporting the Bereaved Through the Holiday Season; When Your Patients Choose Complementary and Alternative Medicine.\*\*

12 audio CDs and written transcript

Item #: 0620E

Licence Price: \$99.95

CD-Rom – MP3s & Transcript PDFs

Item #: 0621E

Licence Price: \$49.95



## **Clinical Communication in Hospice Palliative Care** (June 2006)

DVD & Teaching-Learning Guide

An instructional DVD of sociodrama-based scenarios with 11 4-to-8-minute segments.

Includes companion teaching points designed to promote critically-reflective dialogue about many common communication challenges associated with providing quality Hospice Palliative Care in primary health care settings.\*\*

Item #: 0623E

Licence Price: \$39.95

## **Dying for Care - Towards Quality End-of-Life Care**

Communications Video Kit - DVD (17 min), English Transcript, Bilingual Transcript, Product Description

This video briefing has been designed as a catalyst for local health policy, system delivery and clinical leaders - to stimulate and support dialogue on emerging issues and understandings about transformed care for those experiencing a life-threatening and life-limiting illness.

Item #: 0630E

Licence Price: \$19.95



## **Facing the Fears: Making the Journey**

DVD (16 min)

This DVD can be used to heighten awareness about what hospice palliative care is and address some of the frequently asked questions regarding hospice palliative care.

(Each DVD contains the English and French versions of this presentation.)

Item #: 0602EF

Member Price: \$26.00

Non-Member Price: \$36.00



## **Gentle Waters**

CD (Playing time: 63 min)

Using a gentle weave of cello and piano, *Gentle Waters* sensitively provides comfort and hope during life's most profound moments. The variety of music extends through genres and generations and is a mix of timeless melodies.

Item #: 0703E

Member Price: \$18.99

Non-Member Price: \$18.99

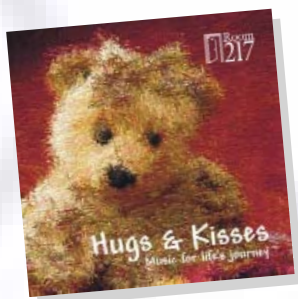


## CDs and DVDs

### Hugs & Kisses

CD (Playing time: 55 min)

Using a gentle weave of vibraphone, glockenspiel, cymbal, wind chimes, bells, piano and voice, *Hugs & Kisses* will touch the heart of children with timeless classics, Disney favorites, original tunes and lullabies. It sensitively and beautifully provides comfort and courage for children in life's transitions.



Item #: 0705E  
Member Price: \$18.99  
Non-Member Price: \$18.99



### Spirit Wings

CD (Playing time: 59 min)

Using a gentle weave of piano, oboe, English horn and voice, *Spirit Wings* provides a sweet, flowing ribbon of hope and beauty. The mix of traditional and contemporary songs creates an inspirational accompaniment for life's journey.



Item #: 0702E  
Member Price: \$18.99  
Non-Member Price: \$18.99



### In Our Own Voices: Aboriginal Perspectives in Hospice Palliative Care (June 2006)

DVD & Teaching-Learning Guide

An instructional DVD of sociodrama-based scenarios with 11 4-to-8-minute segments.

Includes companion teaching points designed to promote critically-reflective dialogue about providing quality Hospice Palliative Care within the social and historical context of Canada's Aboriginal peoples.\*\*

Item #: 0624E  
Licence Price: \$39.95



### Warm Breezes

CD (Playing time: 63 min)

Targeted to baby-boomers, *Warm Breezes* recaptures popular favorites from the 50s, 60s and 70s. An instrumental only album, the mellow strings of Rob Piltch's acoustic nylon guitar in tandem with Bev Foster's acoustic piano make for a relaxing hour of boomer favorites.



Item #: 0709E  
Member Price: \$18.99  
Non-Member Price: \$18.99



## Merchandise

### "COMPASSION" Wrist Bands

Raise additional funds for your organization while creating greater awareness of Hospice Palliative Care in your community!

The "COMPASSION" Wrist Bands are distinctively designed with two-tone red and blue, with "COMPASSION" on one side and "www.hospicepalliativecare.ca" on the other side.

(minimum order - 5 wrist bands)

#### SPECIAL PRICE

Item #: 0614E  
Member Price: \$1.00 ea  
Non-Member Price: \$2.50 ea



### Small Ladies Travel Slippers

silk-screened with "Compassion" written on the carry case

These cozy lightweight slippers can be brought with you everywhere, in the included carry case.

Colour: Black  
Fits women's sizes 6-9

Item #: 0707EF  
Member Price: \$16.99  
Non-Member Price: \$20.00



### Blue Cascade Water Bottle

imprinted with "I Support Hospice Palliative Care" / "Je soutiens les soins palliatifs"

Designed to hook onto a carabiner, these stylish sport bottles make the perfect addition to your backpack, or just carry them with you on your walk. Sipper straw flip lid. Durable, very sleek polycarbonate construction resists stains and odours. (H 3.00" x L 11.00")

Item #: 0706EF  
Member Price: \$11.99  
Non-Member Price: \$14.00



### Ribbon Magnets

imprinted with "I Support Hospice Palliative Care" / "Je soutiens les soins palliatifs"

These ribbon magnets are perfect for the back or side of your car, or even for your fridge. Includes a center popout. The ribbons measure 4" x 8" and are a great way to show your support for hospice palliative care. They are made of UV-protected vinyl.

(minimum order of 5)

Item #: 0708EF  
Member Price: \$4.99 ea (Quantities of 100 or more: \$3.99 each)  
Non-Member Price: \$6.50 ea (Quantities of 100 or more: \$4.99 each)



# HIV/AIDS Resources

## ***HIV/AIDS and Palliative Care in the Atlantic Region: Educational Needs of formal Caregivers (2000)***

Report - Paper Copy (46 pages) or PDF format (46 pages)

This report is a formal needs assessment of the hospice palliative care educational needs of formal caregivers living in the Atlantic provinces.

This item can also be downloaded for free from the Marketplace.

(Available in English only)

**Item #: 0607E**

**Member Price:** Shipping/Handling Only

**Non-Member Price:** Shipping/Handling Only



## ***HIV/AIDS and Palliative Care in the Atlantic Region: Needs of Persons Living with HIV/AIDS and their Caregivers (2000)***

Report - Paper Copy (77 pages) or PDF format (77 pages)

This report is a formal needs assessment of the hospice palliative care needs of persons living with HIV/AIDS and their caregivers.

This item can also be downloaded for free from the Marketplace.

(Available in English only)

**Item #: 0608E**

**Member Price:** Shipping/Handling Only

**Non-Member Price:** Shipping/Handling Only



## ***HIV/AIDS and Palliative Care Needs in the Prairie Region (2000)***

Report - Paper Copy (124 pages) or PDF format (124 pages)

This report details the hospice palliative care needs of people living with HIV in the Prairie Region.

This item can also be downloaded for free from the Marketplace.

(Available in English only)

**Item #: 0609E**

**Member Price:** Shipping/Handling Only

**Non-Member Price:** Shipping/Handling Only



## ***Interdisciplinary Training Program in Palliative Care and HIV/AIDS (1996)***

Report (100 pages)

Addresses the needs of rural and northern communities.

(Available in English only)

**Item #: 0610E**

**Member Price:** \$36.00

**Non-Member Price:** \$43.00



## ***Living with Dying / Dying at Home (1998)***

Binder (271 pages)

This manual gives guidelines for people caring for those who choose to die at home with AIDS.

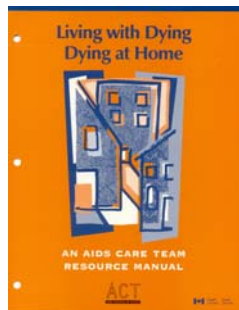
This is the second edition of the AIDS Committee of Toronto's *Living with Dying, Dying at Home: an AIDS Care Team Resource Manual*.

(Available in English only)

**Item #: 0613E**

**Member Price:** Shipping/Handling Only

**Non-Member Price:** Shipping/Handling Only



## ***Meeting the Challenge - Phase I (1999)***

Binder

This is an introductory manual that provides information regarding hospice palliative care for injection drug users living with HIV/AIDS.

(Available in English or French)

**Item #: 0611E**

**Member Price:** \$64.00

**Non-Member Price:** \$77.00



## ***Meeting the Challenge - Phase II (2001)***

Binder

This curriculum is designed to provide health care professionals with:

- ♦ pain and symptom management strategies to care for injection drug users living with HIV/AIDS;
- ♦ access to current information on HIV, AIDS, and injection drug use;
- ♦ guidelines for developing seminars and workshops.

(Available in English or French)

**Item #: 0612E**

**Member Price:** \$52.00

**Non-Member Price:** \$62.00



# Brochures & Bookmarks

## CHPCA Bookmarks

(25/pkg.)

Includes the CHPCA websites and toll-free telephone number for easy reference.

(1 package per order)

Item #: 0615E

Member Price: *Shipping/Handling Only*

Non-Member Price: *Shipping/Handling Only*

**OUT OF STOCK**



## CHPCA Information Brochures

(25/pkg.)

CHPCA Information Brochures provide general information about hospice palliative care, the mandate of the CHPCA, as well as information about becoming a member of CHPCA.

(1 package per order)

Item #: 0616EF

Member Price: *Shipping/Handling Only*

Non-Member Price: *Shipping/Handling Only*



## Palliative Care: A Fact Sheet for Seniors

MS Word format (2 pages)

This fact sheet contains information about hospice palliative care for seniors presented in a question and answer format.

This item can be downloaded for free from the Marketplace.

(Available in English or French)

Item #: 0638E

Member Price: *Shipping/Handling Only*

Non-Member Price: *Shipping/Handling Only*



## Living Lessons® - You are Not Alone

Brochure (4 pages)

(25/pkg.)

An information brochure for those confronting a life-threatening illness.

This item can also be downloaded for free from the Marketplace.

One package per order.

(Available in English or French)

Item #: 0639E

Price: *Shipping/Handling Only*



## Patient Information Pamphlet – Is your prescription pain medicine making you constipated?

pamphlet (11 pages)

This pamphlet discusses one of the potential negative side-effects of prescription pain medications: constipation. The pamphlet outlines what patients and their healthcare providers can do to help. It covers symptoms and treatments of constipation, how to talk about and track symptoms and what to expect when talking with healthcare providers. It also outlines how prescription pain medications work, and includes one woman's story as an example.

One package (25/pkg) per order.

(Available in English or French)

Item #: 0715E

Member Price: *Shipping/Handling Only*

Non-Member Price: *Shipping/Handling Only*



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**Annex B, Saint-Vincent Hospital**

**60 Cambridge Street North  
Ottawa, ON K1R 7A5**

**Tel: 613-241-3663 or 1-800-668-2785 • Fax: 613-241-3986 • Email: [info@chpca.net](mailto:info@chpca.net)  
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